

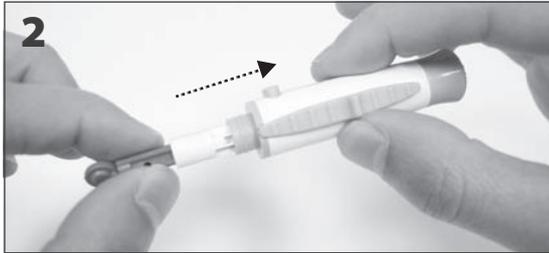
## Instructions:

Regular & Alternate Site Testing (AST)

# Easy-Touch® Lancing Device with Ejector



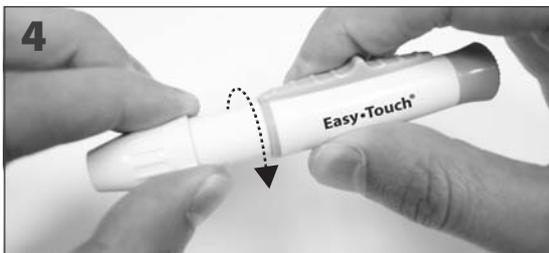
**1**  
Wash your hands with soap and warm water and dry them thoroughly. Remove the lancing device's cover.



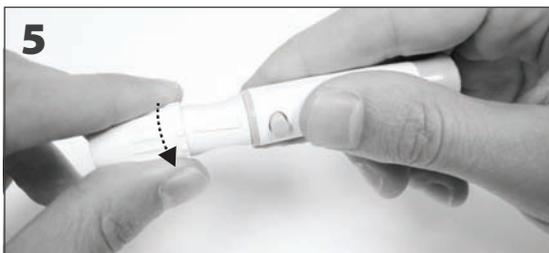
**2**  
Place a new lancet securely into the lancet carrier.



**3**  
Remove the Protective Cap from the lancet. Do not discard this cap.



**4**  
Place the cover back onto the lancing device.



**5**  
Choose the desired depth of penetration to get a good blood sample with least amount of discomfort. Adjust the depth setting by turning the cover on the lancing device. See settings below.

Settings



delicate skin



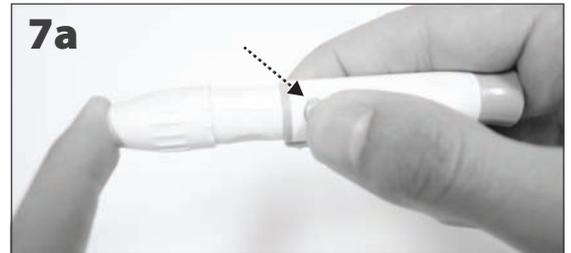
normal skin



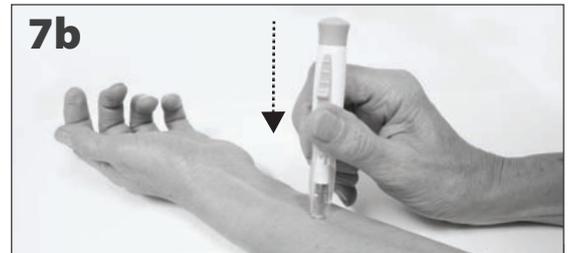
thick/callused skin



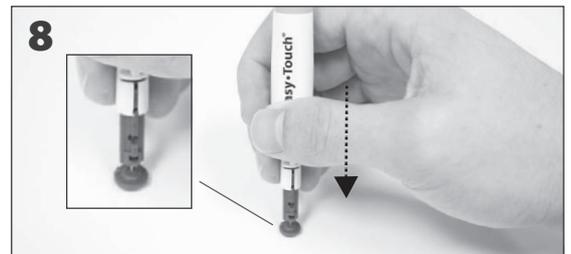
**6**  
Hold the lancing device in one hand. Pull the sliding barrel forward with your other hand until an audible click is heard and release. The lancing device is now loaded and ready to use.



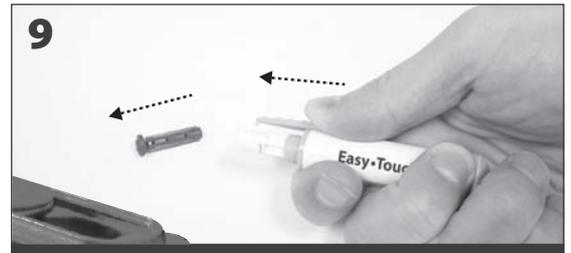
**7a**  
Place the end of the lancing device against the finger from which the blood sample is to be obtained. Push the trigger button to puncture the skin. *If using AST tip, see step 7b. If using finger to test, skip to step 8.*



**7b**  
**When using AST Cap,** place the end of the lancing device against the arm from which the blood sample is to be obtained. Apply pressure and push the Trigger Button to puncture the skin.



**8**  
Remove the Cover or AST Cover when finished. Turn Protective Cap onto its side. Press device into the side of the Protective Cap to cover exposed needle of the lancet.



**9**  
Point the lancing device away from yourself. Slide the Lancet Ejector in a forward motion, disposing the lancet in an approved container. Return Lancet Ejector lever to its original position. *To repeat, restart at step 2.*

## CLEANING YOUR LANCING DEVICE

To clean these items, wipe them with a soft cloth dampened with water and mild detergent. Do not immerse the lancing device in any liquid. To disinfect these items, prepare a solution of one part household bleach to ten parts water. Wipe the lancing device with a soft cloth dampened with this solution. Immerse the cap only in this solution for 30 minutes. After disinfecting, rinse briefly with water and allow both to air dry.