SAFETY PRECAUTIONS QUICK START GUIDE **OVERVIEW** Avoid smoking, eating, drinking caffeinated drinks or exercising for • Infants, young children or individuals who cannot express their **Monitor Sure**Life® 30 minutes before taking measurement. consent are not suitable to take blood pressure measurement. 1. Sit upright in a chair with both feet on the floor. Individuals with serious arteriosclerosis are not suitable to take **Arm Blood Pressure Monitor** blood pressure measurement. 2. Remove tight fitting clothing from your upper arm along with any Blood pressure readings may change in case of pregnancy. thick clothing. Pregnant women should consult their doctor before taking 3. Pull on the end of the cuff until it wraps securely around your Self-measurement is not medical treatment. If there are upper arm. Place your arm on a unusual values, consult your doctor. **Sure**Life[®] table so that the cuff will be at • Handling batteries properly: Ф the same level as your heart. ° As soon as old batteries run out, replace with new batteries. 4. Press the "♥" button. The cuff will automatically inflate and the ° Do not use old and new batteries together. **Cuff Outlet** Memory Recall (Up) measurement will start. ° Align the polarities of batteries correctly. 5. When the measurement is complete, the cuff will automatically ° When the unit will not be used for more than 3 months, remove deflate and your systolic and diastolic pressure values and the batteries. Otherwise, batteries may leak and cause damage pulse rate will display. **Features** • One Touch Operation • 40 Total Memory • Irregular Heartbeat Detector Auto-off Power Saving Feature • Operated by 4 AA batteries (AC Adapter optional) M Classic Model 2 **PREPARATION** TAKING MEASUREMENT 3.3 Taking Measurement Display 2.1 Battery Installation 1. Press the "O" button. The cuff will automatically inflate and the • Avoid smoking, eating, drinking any caffeinated drinks or exercising 1. Pull and lift on the lock to remove the battery cover. for 30 minutes before taking measurement. 2. When the measurement is complete, the cuff will automatically 2. Insert 4 AA batteries • Do not move or talk during measurement. deflate and your systolic and diastolic pressure values and with the polarities in pulse rate will display. the correct direction. 3.1 Sitting Correctly 3. Remove the arm cuff and take note of your 3. Replace the battery cover. Press it lightly 1. Relax Diastolic until the lock securely **Note:** You can press the "O" button to stop measurement at any time. 2. Sit upright in a chair with both feet on the floor. clicks into place. 3. Remove tight fitting clothing from your **Note:** Replace batteries when the battery indicator "■" shows upper arm along with any thick clothing. 3.4 Heartbeat Readings Memory low voltage Do not roll up your sleeve if it is too tight. Besides Systolic and Diastolic values, 4. Place your arm on a table so that the cuff Pulse will also be displayed after Low Battery will be at the same level as your heart. Pulse Symbol a measurement. Memory No. (1-40 readings) 3.2 Applying the Arm Cuff **Package Contents** 1. Place your elbow on a table and palm facing upward, and wrap Pulse the arm cuff around the upper left arm. 2. Pull on the end of the cuff until it wraps securely around your upper arm. Do not over tighten the cuff. Allow 1–2 cm or 1/2 inch between the bottom of the cuff and your elbow joint. M 3. Make sure the cuff is at the same level as your heart. Main Unit

Irregular Heartbeat

This unit has a unique feature that alerts user of irregular heartbeat detection during measurement.

4 x AA

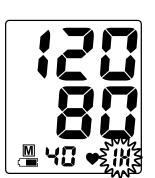
Alkaline Batteries

Note: An irregular heartbeat is defined as a heartbeat rhythm that has a variation of more than 25% from the average rhythm detected during measurement.

If such irregular rhythm occurs twice of more during the same measurement, the display screen will show the pulse value and "IH" symbol alternately. Example: (90 / IH)

Note: Please consult your doctor if irregular heartbeat occurs often.





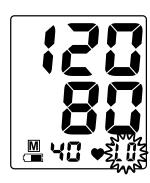
Instruction

Manua

Regular but Below Normal Heartbeat

If the monitor detects a pulse rate below 60 beats per minute during measurement, the monitor will display the pulse value and "LO" symbol alternately. Example: (58 / LO)





Regular but Above Normal Heartbeat

If the monitor detects a pulse rate above 100 beats per minute during measurement, the monitor will display the pulse value and "HI" symbol alternately. Example: (102 / Hl)





MEMORY FUNCTIONS

After measurement, the last set of measured values will be saved automatically after measurement when the unit is turned off by pressing "O" button or by automatic power off after 3 minutes.

4.1 View Past Readings

- 1. Press the "M" button to enter memory function.
- 2. Press the "M" button to display the next sets of values. Past readings are displayed from the most recent to the oldest.
- 3. This device can store up to 40 sets of past readings.

Problem	Cause	Solution
No display when you press the Power/Start button	Have the batteries run out?	Replace new batteries.
	Are the battery polarities wrong?	Re-align batteries in correct polarities.
"Err P" displayed	Fail to inflate	Check if the cuff is properly connected. Replace the air tube if it is broken.
"Err 1" displayed	Deflate too rapidly	Return for servicing.
"Err 2" displayed	Movement during measurement	Do not move during measurement
	Signal interference	Remove interfering source e.g. mobile phones, magnets.

TROUBLESHOOTING

Note: If your problem cannot be solved by the above, consult your store of purchase. Do not disassemble the unit.

Incorrect results Measure again.

"Err 3" displayed

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STORAGE & MAINTENANCE **SPECIFICATIONS**

- Keep the unit away from direct sunlight, extreme temperatures, humidity or moisture
- Use a dry, soft cloth to clean the unit, or if desired, use a cloth lightly dampened with water.
- Do not use alcohol, benzene, thinner or other volatile liquids to
- Do not wash or expose the arm cuff to liquid.
- Remove batteries from the unit when it will not be used for more than 3 months.

Model No. Classic (SL-BA201) Measurement Method Oscillometric Measurement Range Pressure: 20 – 280 mmHg Pulse Rate: 40 – 195 beats/min Pressure: +/- 3 mmHg Accuracy Pulse Rate: +/- 5% Inflation Pump driven Pressure Detection Capacitance Sensor Power Supply 4 x AA batteries Auto Power Off 3 minutes after last operation Storage Environment -4°F to 140°F, 10% to 95% RH Operation Environment 50°F to 104°F, 30% to 85% RH External Dimensions 5.8"(L) x 4.25"(W) x 2.83"(H) or 14.8 (L) x 10.8 (W) x 7.2 (H) cm 9.67oz/274g (batteries excluded) Net Weight Arm Cuff Cuff Dimensions 9-14 in/22-34 cm Package Content Cuff, Instruction Manual, Battery Set, Main Unit

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A Full 5-Year Warranty on Your Monitor

The **SureLife**® Arm Blood Pressure Monitor, excluding the arm cuff, is warranted to be free from defects in materials and workmanship within 5 years from the date of purchase.

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WARRANTY

A Full 1-Year Warranty on Your Arm Cuff

The arm cuff is warranted to be free from defects and workmanship within 1 year from the date of purchase. Both the monitor and arm cuff must be used in accordance with the instructions provided with the monitor.

Keep Your Proof of Purchase (Store Invoice) The above warranty is extended to only the original retail purchaser.

Proof of Purchase required. We will, at our option, repair or replace without charge any monitor or

arm cuff covered by the above warranties.

To obtain warranty service, please contact MHC Medical Products

at (877) 358-4342. ALL IMPLIED WARRANTIES, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR PARTICULAR PURPOSE, ARE LIMITED TO THE DURATION OF THE

FOR CUSTOMER SERVICE CALL OUR TOLL FREE NUMBER:

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(877) 358.4342

MHC Medical Products, LLC 8695 Seward Road Fairfield, Ohio 45011

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Manufactured in accordance with FDA and International Standards







Note: Subject to modification without prior notice.

APPLICABLE WRITTEN WARRANTY ABOVE.

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